

SOUTHTOWN CONSTRUCTION

The Newsletter for S.C.T.C

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HARD WORK AND PROGRESS!

Check out our latest projects and follow our Cohort on their journey.

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www.southtownconstruction-bonellc.com

Following Spring Break, students returned last week with high ambitions, still eager to learn. And as the saying goes, “ask and you shall receive”, they took on a few new tasks as they entered a brand new job site. They got busy digging outside in order to prep for much-needed landscaping renovations. After that, they dirtied their hands some more texturing the walls in multiple bedrooms inside the unit. This was a technique not everyone was familiar with, however, because it is one used often in residential construction it was important that everyone masters it. Furthermore, shift focused once back at the training center as students put the final touches on their resumes, completed exit interviews, and sat down to talk with SIU School of Medicine representatives. All in all, it was a progressive and motivating week. You can find out what we have in store for the Cohort in their final weeks by checking out In the Near Future... on page 5.

SIU SCHOOL OF MEDICINE TALKS HEALTH



SIU SCHOOL of MEDICINE

Access to Care Collaborative

Mr. Pitts asked SIU School of Medicine to come out and talk to the Cohort about their Access to Care Collaborative Program. This program strives to connect with individuals who do not have a primary care physician in order to explore their options. They also provide people with resources for more specialized healthcare, such as dentists. All in all the program serves the purpose of assisting anyone who may have trouble navigating the complicated routes of the healthcare system. This was a great opportunity for the students as they were given the chance to ask questions and also apply for any services they felt they needed. Health and overall wellness are essential elements to success on any physically demanding job, but especially in the construction and electrical fields. If your body cannot withstand the labor, the job cannot be completed. This is why we encourage all of our students to always be mindful of their physical and mental health!



DIGGING, PAINTING, AND INSTALLING

Switching it Up!

Students tended to a new project site, stumping and painting ceilings. In addition, they did some landscaping preparation. Stumping required the students to first measure and mix paint with texture compound. From there they began by applying a thick layer of the mixture onto the ceiling. They then followed behind with a stumping brush, repeatedly applying and releasing pressure to manipulate the fresh paint. A homeowner often textures walls for aesthetic's sake, although lighting or soundproofing may be other reasons for utilizing this technique. Next, the crew moved outside to get their hands dirty. They shoveled an ample amount of dirt from the side of the property in order to achieve the goal of leveling the general area. This step was necessary for landscaping procedures to move forward.



EXIT INTERVIEWS AND FINAL TOUCHES

Questionnaires and Qualifications

As the final weeks grow closer we've made employability our main focus. Therefore, last week we took some one on one time with each participant to narrow in on their resumes. During these meetings, students were able to review, discuss, and make any necessary changes. Everyone at SCTC is striving for long term career employment in either the electrical or construction field! Equally important as the goals students are setting from themselves outside of the training center are the improvements we are striving for at home base. Exit interviews served this cause as it allowed students to give feedback on the programs elements, organization, curriculum, and basic operation. This is key as we seek out any areas needing improvement. It was also an additional positive to hear students reflect on what they sought as most beneficial. Such honest feedback from our participants ultimately will help us grow as an organization and more importantly a unit.

DARIA V. JOHNSON

OBJECTIVE

Secure employment within the electrical or construction field. More specifically, it is my hope to enroll in an apprenticeship program that will allow me to expand on my current skills and knowledge. It is my ultimate goal to gain long-term career employment with a company that offers a consistent positive atmosphere to learn, work, and grow as an employee.

SKILLS

- Residential construction
- Ability to work under pressure
- Time management
- Leadership
- Communication
- Ability to plan and organize
- Computer skills and problem solving
- Sure-Lok certification/wheelchair restraints
- Self Confidence
- Conflict Resolution
- Active listener
- Multitasking
- Critical thinking
- Positive attitude
- Willingness to learn
- Resilience
- Cement Masonry
- Plastering



EXPERIENCE

JANUARY 2019 – MAY 2019

SOUTH TOWN CONSTRUCTION TRAINING CENTER B.O.N.E LLC

Industry Safety

- Safety training.
- Osha 10 certification.
- Demonstrate safe & correct use of hand & power tools.
- Demonstrate injury prevention through proper lifting techniques.
- Identify common jobsite safety hazards.
- Identify & use standard personal protective equipment (PPE), including hard hats, eye protection, hearing protection, boots & gloves.
- Demonstrate awareness of ladder safety including fall protection/fall arrest equipment.
- Demonstrate awareness of alarms and evacuation procedures.

Basic math knowledge

- Use & accurately read a tape measure.
- Demonstrate an understanding of addition, subtraction, multiplication & division, and perform basic math operations in applications common to the trades.

Basic construction trade knowledge

- Understand the function & scope of various building & construction trades including general work processes, skills & working condition.
- Identify types of building construction & phases of a project.
- Identify common building materials used in construction such as concrete, lumber, angle iron, beams, rebar, brick, and sheet goods & plywood.
- Identify processes in building construction including site preparation, foundation & form work, floors, wall framing, floor framing, ceilings & metal framing.



IN THE NEAR FUTURE...

What's In the Upcoming Week.

Next week an Ameren media team crew member will be visiting the training center. During their visit, they will be able to capture live footage of the team in action in and outside of the classroom. Furthermore, more exciting ventures are in store as students take to the lineman poles! This will give them a first hands knowledge on what lineman work entails. Generally speaking, the role requires one to install, maintain, and repair high-powered lines and systems. Much like the students will get to experience in a practice setting, linemen are required to climb unconventional heights in order to complete such tasks. Although initially intimidating, lineman work is an additional route SCTC may take post-graduation.

“ Today is a new day and it brings with it a new set of opportunities
for me to act on.

I am attentive to the opportunities and I seize them as they arise.

I have full confidence in myself and my abilities.

I can do all things that I commit myself to.

No obstacle is too big or too difficult for me to handle because what
lies inside me is greater than what lies ahead of me.

I am committed to improving myself and I am getting better daily.

I am not held back by regret or mistakes from the past.

I am moving forward daily.

Absolutely nothing is impossible for me.

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